ESSENCE

SENIORNET NORTH SHORE NEWSLETTER

NOVEMBER 2026 No. 361

ARTIFICIAL INTELLIGENCE

Come and Discover What AI Can Do for You!

Have you been wondering what all the fuss around Artificial Intelligence (AI) is about? Why not come along to one of our friendly SeniorNet sessions and find out for yourself? We discuss the pros and cons of how this innovation affects our lives – our members are constantly finding new ways to utilise AI for their own benefit.

You might be surprised at just how helpful AI can be! Whether it's researching your family history, planning a holiday, finding recipes, writing letters or simply answering everyday questions, AI has something to offer everyone.

And the good news is – it's much easier to use than you might think! No special computer skills are needed, just a little curiosity.

Come along, have some fun, ask questions and discover something new. **You're never too old to learn!**



Once a month on a Tuesday we explore the potential of AI in a session dedicated to sharing our findings – in November the session is on **Wed 11th at 10am**. Come and experiment with us.

NOVEMBER SUNDAY SPEAKERS



Professor Julian Paton – "Drive 4 Hearts making an above and beyond heart valve". Julian and his team are working on a heart valve that grows with the patient for children with rheumatic heart disease. At the same time, he combines it with his passion for the earliest possible Land Rover.



Debbie Dunsford – "Milford's Past - the 'holiday call of the seaside and an entertainment magnet". Debbie's talk will give an interesting account of an almost Bohemian Milford at the end of the tram line that existed in the 20's and 30's

[Click Next Sunday Speakers for more details.]

AUCKLAND RAIL ADVENTURE

Eight enthusiastic members of our SeniorNet Photography Group recently set off to explore Auckland's impressive new rail system and stations. With cameras at the ready, they were keen to capture the striking architecture, modern design and upmarket finishing touches throughout the stations.

[Click "Photographic Outing" for more details]

Please let Patricia Lough, our membership secretary know, (loughie@outlook.co.nz) if you have changed your email address and/or phone numbers so we can update our records

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(09) 486 2163
snetns@xtra.co.nz
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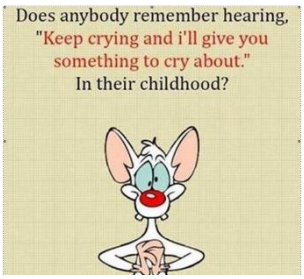
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CLUB DIRECTORY

WEBSITE	www.seniornetns.com FACEBOOK www.facebook.com/profile.php?id=61562462001329
EMAIL	snetns@xtra.co.nz
TELEPHONE	09 486 2163
CLASSES	Learning Centre, Suite 3, St John Ambulance Building, 2 Shea Terrace, Takapuna
MEETINGS	2nd Sunday of each month, 10 am in the Hall, St John, 2 Shea Terrace, Takapuna
CONTACT	The Secretary, SeniorNet NS Inc. snetns@xtra.co.nz









But wait there's more! [Click "Funnies" to see more on last page

COMMITTEE & SUPPORT TEAMS

2026 – 27

CHAIRPERSON	Ruth Healy	ruthhealy54@gmail.com	027 291 1489
TREASURER	June McCullough	june.apollo@gmail.com	021 885 117
SECRETARY	Marina Sanderson	marinasanderson@gmail.com	021 02789790
MEMBERSHIP	Patricia Lough	loughie@outlook.co.nz	09 413 6322
WEBMASTER	Campbell Stanford	camstan69@gmail.com	021 717 008
TECHNICAL	Bruce Graham	bruce@bruce-w-graham.com	027 494 1731
SPECIAL PROJECTS	Campbell Stanford	camstan69@gmail.com	021 717 008
TUTOR LIASION	Malcolm Sharpe	msharpe@xtra.co.nz	027 275 9314
AUDITOR	Diane Swain		
LIBRARIAN	Patricia Lough		
NEWSLETTER	Lois Kay & Campbell Stanford	seniornet.newsletter@gmail.com	027 2710154
SUNDAY MEETING TEA	Various		

COMMITTEE REPORT

NOVEMBER 2026

What a club were are!

I just looked back at some survey results from our members about 10 years ago. It's worth another look:

- ♥ The Club is a group of friendly, like-minded people
- ♥ I enjoy the social, relaxed atmosphere of classes
- ♥ Great guest speakers on a variety of interesting subjects
- ♥ The club is welcoming and the friendships I've made have been great
- ♥ There is always delightful interaction among members at sessions
- ♥ There is willingness from all to help one other
- ♥ Very friendly members with a well-developed sense of humour
- ♥ It keeps my brain active!

I'm so pleased that these opinions remain so worthy today.

Starting with Covid, followed by world-wide economic decline, many clubs, groups and charities have suffered considerably in recent years, both financially and with membership numbers.

Whilst we too have not been immune from these issues, I'm so pleased that your committee has not let our standards and attitudes slip. As the need for some hands-on digital training has lessened, we have ensured that new sessions have been trialled and developed addressing:

- ✓ The rapid growth of, and updates to, digital devices, systems, software, programmes
- ✓ Incredible growth of information, websites, programmes etc on internet
- ✓ Social media
- ✓ AI (Artificial Intelligence)
- ✓ The demonstrated demand for interactive learning generally, entertainment, companionship and especially **fun** through chat sessions (nostalgia, coffee groups, cooking), card playing, hobbies (genealogy, water painting, hand-crafts, photography).

In summary I reflect with much pleasure and pride on what I've experienced at SeniorNet North Shore and am most honoured to be a "Life Member"

Campbell Stanford

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SCHEDULE

NOVEMBER 2026

Select a class, discussion group or tutorial that appeals from the Tutor Notes on pages 6 to 8. The following schedule details date, time and venue for activities, including type, cost and whether it is necessary to book (if booking is required, please contact the tutor). Pay at door. All welcome.

Monthly Meetings are regularly held in the hall 10am – 12:00 noon on the 2nd Sunday. Come along and listen to some interesting speakers. Gold coin donation appreciated. Everyone welcome. Please wear your name tag to all sessions to put name to a face. Free refreshments are provided at all Discussion Groups, Tutorials, and Monthly Sunday Meetings.



Card Playing session where "Laughter is the Best Medicine"

Tech Home Help

- Independent pre-purchase technical advice
- Installing and configuring your new PC, printer, tablet or 'smart' device
- Transferring data to your new PC & clearing out your old one
- Help getting photos/scans off your camera, scanner or phone
- Email, email accounts and setting email up on your mobile device
- PC 'housekeeping' and running updates and security checks
- Sorting files and photos, and organising an appropriate backup procedure to protect your data files
- On-site visits or Remote (online) support for problems where appropriate

I am a former PC Direct & Gateway service technician and trainer, Covering the greater Auckland area and supporting SeniorNet, North Shore members since 2000.

Standard rates $70/hr Discounted rate $65/hr to current SeniorNet North Shore members

Rowan Cammell, Personal Computer Services | Ph 027 266 8941 | rapid.start@xtra.co.nz

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T = TUTORIALS D = DISCUSSION GROUPS TIMES: AM = 10.00 to 12.00 PM = 1.00 to 3.00

Schedule - November 2026								
Day	Date	Time	Session	Tutor	Phone	Email	D/T	Cost
Sun	1	am						
Sun	1	pm						
Mon	2	am	Painting Group	Host varies			D	$3
Mon	2	pm	**Committee Meeting**					
Tue	3	am						
Tue	3	pm						
Wed	4	am						
Wed	4	pm	Film Appreciation (**1:30pm**)	Marina Sanderson	021 02789790	marinasanderson@gmail.com	D	$3
Thu	5	am						
Thu	5	pm						
Fri	6	am	First Friday Genealogy	Bernice Hyde	027 617 3959	bernice52@xtra.co.nz	D	$3
Fri	6	pm						
Sat	7	am						
Sat	7	pm						
Sun	8	am	**Monthly Meeting**	**10am in hall**		**All Members Welcome**		
Sun	8	pm						
Mon	9	am						
Mon	9	pm						
Tue	10	am	Photography	Rex Oddy	021 758 851	rex.oddy@xtra.co.nz	D	$3
Tue	10	pm						
Wed	11	am	AI (Chat GPT etc)	Ruth Healy	027 291 1489	ruthhealy54@gmail.com	D	$3
Wed	11	pm						
Thu	12	am	Handcrafts	June McCullough	021 885 117	june.apollo@gmail.com	D	$3
Thu	12	pm	Card Playing Group(**12:30**)	Campbell Stanford	021 717 008	camstan69@gmail.com	D	$3
Fri	13	am						
Fri	13	pm						
Sat	14	am						
Sat	14	pm						
Sun	15	am						
Sun	15	pm						
Mon	16	am	Painting Group	Host varies			D	$3
Mon	16	pm	Nostalgia	Host varies			D	$3
Tue	17	am	Computer Chat Group	Melson Lee			D	$3
Tue	17	pm						
Wed	18	am						
Wed	18	pm	Cooking Chat	Marina Sanderson	021 02789790	marinasanderson@gmail.com	D	$3
Thu	19	am						
Thu	19	pm						
Fri	20	am	Genealogy Workshop	Lois Kay	027 2710154	lois.kay@xtra.co.nz	D	$3
Fri	20	pm						
Sat	21	am						
Sat	21	pm						
Sun	22	am						
Sun	22	pm						
Mon	23	am						
Mon	23	pm						
Tue	24	am	Photoshoot - email Rex for location details	Rex Oddy	021 758 851	rex.oddy@xtra.co.nz		
Tue	24	pm						
Wed	25	am	Family Tree Maker (**9:45**)	Bernice Hyde	027 617 3959	bernice52@xtra.co.nz	D	$3
Wed	25	pm						
Thu	26	am						
Thu	26	pm	Card Playing Group (**12:30**)	Campbell Stanford	021 717 008	camstan69@gmail.com	D	$3
Fri	27	am	Coffee Group	Patricia Lough	021 268 8677	loughie@outlook.co.nz	D	$3
Fri	27	pm						
Sat	28	am						
Sat	28	pm						
Sun	29	am						
Sun	29	pm						
Mon	30	am						
Mon	30	pm						

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TUTOR NOTES

AUGUST 2026



GENEALOGY WORKSHOP — Tutor: Lois Kay

Join our friendly Genealogy Workshop and uncover the background behind your family history. Whether you're just starting or experienced, all are welcome. We especially value members sharing their own stories or discoveries—these contributions enrich our sessions and make each gathering more engaging, informative, and enjoyable for everyone.



1ST FRIDAY GENEALOGY — Tutor: Bernice Hyde

Bernice will once again demonstrate her ability in thorough research skills. Bernice regularly follows avenues that many other researchers don't consider and comes up with surprising results.



CARD PLAYING GROUP — Host: Campbell Stanford

What a fun time playing cards can be! For raw beginners and cardsharps alike. Beginners appreciate the comfortable pace at which they can learn and hone their skills. Great camaraderie in a very friendly group that is much more than just card playing. Learning and developing strategies combined with luck and great humour alleviates stress and keeps your mind sharp and active. Currently our most popular game is "Oh Hell" which goes down well with all players with winners switching around from session to session. Depending on the number of participants, we can also play 500 and Euchre and have dabbled with cribbage, one of the best games for as little as 2 players. Please come and try it. You are also most welcome to bring a guest with you for a free session.



NOSTALGIA — Host: Ian Robinson

This session will allow us to remember the good, crazy and unusual. Join us for thought-provoking conversations, fun memories, and interesting insights. You'll have the opportunity to share your own experiences and hear from others in a friendly and welcoming atmosphere.

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FILM APPRECIATION

Host: Marina Sanderson

Experience the magic of cinema at SeniorNet North Shore's newest session, "Film Appreciation." Join us in the cosy clubrooms as we transport you through time with a curated selection of timeless classics and contemporary masterpieces. Dive into the world of storytelling, cinematography, and emotion as we explore the art of filmmaking together. Discover the rich history of cinema and share your thoughts and insights with fellow film enthusiasts. Whether you're a cinephile or just looking for a delightful movie, this session promises to be a “reel” treat for all.



PHOTOGRAPHY

Tutor: Rex Oddy

Each month photography group members are invited to bring along digital images or videos that are either based on the theme for the month or are of personal interest. We have a theme each month, because having a theme can create a challenge and meeting that challenge helps us to improve our photography. Above all, photography like all hobbies and art forms is a personal activity. We take photos for ourselves, it doesn’t matter if other people don’t quite get the point, it’s whether we like them or not that matters most and being part of a group helps us to learn and improve. Most months in addition to our workshop there is a photoshoot, a photographic field trip. Everyone is welcome to join the photoshoot but the location is not decided until just before the date of the outing. The date of the photoshoot is on the monthly schedule but for time and location details email rex.oddy@xtra.co.nz.



AI CHATGPT, etc.

Host: Ruth Healy

Let’s keep the momentum going!

We’re excited to continue our journey with this ever-evolving program. Many of our fellow members have shared fascinating ways they've been using ChatGPT – from everyday tasks to creative exploration.

We warmly welcome your input, ideas, experiences, and questions. Let’s continue growing together through technology!

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COOKING CHAT

Host: Marina Sanderson

Come along and learn about cooking for one, two or more people. Share favourite recipes and find new recipes to try. There is a new topic every month to tantalise your taste buds.



COFFEE GROUP

Host: Patricia Lough

We will discuss all sorts of things, whatever takes our fancy. Of course, there will be trips down memory lane with short cuts and detours, some to do with whatever we're discussing but not necessarily. Give some thought to topics you find interesting not only to read about but activities, shows, sports, tv etc etc etc (to quote The King and I 😊).

PAINTING GROUP

Host: Varies

At our painting group on the 1st and 3rd Mondays we share and comment on the paintings we had done at home and marvel at the range of styles and subjects we have achieved. We then paint together sharing skills and techniques we have learnt.



HANDCRAFTS

Host: June McCullough

Handcraft is for anyone who likes to craft by hand. It can be knitting, crochet, lace making, hand sewing or hand embroidery, card making. Come along and share your talent. If you want to learn great just bring your supplies. You can knit and sew for the charity we support if you wish or just come along and have a cuppa and chat.



FAMILY TREE MAKER

Tutor: Bernice Hyde

Join Bernice, an experienced user and tutor of Family Tree Maker, will share her extensive knowledge of the program's features. Whether you're just starting out or an advanced user looking to refine your family tree, Bernice is here to answer your questions and help you make the most of this powerful tool.

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LAST SUNDAY (OCTOBER) SPEAKERS

JIM MORROW – "AN EVEREST ADVENTURE"



Our first speaker Jim Morrow has always loved the great outdoors. After almost 60 years with the Auckland Tramping Club, he certainly wasn't going to let one of the world's greatest mountains pass him by!

In 2011, Jim set off on an extraordinary adventure to climb Mount Everest, choosing the quieter, less-travelled route through Tibet rather than the popular Nepalese approach.

His journey took him from the hustle and bustle of Kathmandu across the vast Tibetan Plateau to Everest Base Camp. What followed was two months of preparation, acclimatisation and challenging climbing conditions, with freezing temperatures and unpredictable weather testing everyone's determination.

Jim and his companions eventually came within just 300 metres of Everest's summit. Unfortunately, with temperatures dropping to minus 50°C and fierce winds making conditions increasingly dangerous, their leader made the difficult but sensible decision to turn back.

The descent was exhausting, and Jim returned with frostbitten fingers that still remind him of the experience today.

Although he didn't quite reach the summit, Jim came home with something equally valuable – unforgettable memories, a remarkable story to tell and the satisfaction of having tackled an extraordinary challenge. His adventure is a wonderful reminder that reaching the top isn't always what matters most.

Our Members were intrigued and absorbed in Jim's amazing journey.





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Climbers need to be capable of carrying packs of about 100kgs taking all their food as nothing grows due to climate and altitude.
Nothing lives above 8,000 metres.

https://project-himalaya.com/dispatches/2011/index.html

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FIONA SUSSMAN – "FROM AFRICA TO AUCKLAND, AND SCALPEL TO SCRIBE"



Our second speaker in October was Fiona Sussman – a delightful woman who morphed from Doctor to Writer. In her words:

"Growing up in a publisher's home in South Africa meant that I fell in love with language and the written word at an early age. Our house was always filled with manuscripts, books and colourful authors. This was during the apartheid era, and witnessing the brutal regime at work sensitised me to the issues of injustice and racial prejudice – experiences which would inform much of my early writing.

After school, I completed a BA in English Literature; however, the untimely death of a family member from a terminal illness saw me change direction and pursue a career in medicine.



In 1989 I emigrated to New Zealand, where I completed my medical degree and went on to work as a family doctor.

While I found practising medicine immensely satisfying, I still hankered after the literary world of my childhood. Finally, the call to write became too great. I hung up my stethoscope, returned to university to do a Master of Creative Writing and began to write in earnest.

Most of my days are spent writing, mentoring new writers and speaking at events. I have also been involved, alongside my husband, in establishing a charitable surgical service in Auckland to assist those who have fallen between the cracks in our health system".

Do look at Fiona's website where there is a list of the Novels she has written and the Short Stories and Awards she has won. https://www.fionasussman.co.nz/



The Doctor's Wife 2022 | Hooked Up 2025 | Addressed to Greta 2020 | The Last Time We Spoke 2016 | Shifting Colours 2014

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NEXT SUNDAY (NOVEMBER) SPEAKERS



PROFESSOR JULIAN PATON – "Drive 4 Hearts making an above and beyond heart valve".

A journey of a lifetime" is how Julian Paton describes his charity 'off-road' 2200 km drive called 'Drive4Hearts' from Dunedin to Auckland in a 78-year-old Land Rover to raise awareness and funds for rheumatic heart disease (RHD) research. His fascinating talk will uncover how he found this old Land Rover which had been hidden away in a garage for 40 years and that it was the 20th made and first to come to New Zealand in 1948. His talk will show wonderful scenic images of the South and North Islands of NZ and the incredible heartfelt stories of the amazing people he met along the way. Julian will explain RHD and the cutting-edge research he and his multidisciplinary team are doing to make a world first growing heart valve for children.





DEBBIE DUNSFORD – "Milford's Past - the holiday call of the seaside and an entertainment magnet"

Debbie grew up in Milford and realised she had an affinity for history while she was at school, although it didn't occur to her until much later that history could be something 'I might do'. However, at the age of 34, she decided to study History at Auckland University. A BA led to an MA, and eventually to a PhD. Since 2000, Debbie had been an independent historian, undertaking a haphazard mix of book commissions, oral histories, research contracts and some contract university teaching.

Debbie's hobbies and interests are wide-ranging and shared with her husband, Kevin. These include enjoying the great New Zealand outdoors and especially the Hauraki Gulf, as well as reading, classical music concerts, theatre and travel. She wouldn't describe her role as Co-chair of the Milford Residents Assn as a hobby even if it does soak up hours of time. Through this involvement, her interest in Milford's history was heightened by a sense of outrage at planners' and expert witness reports that dismissed Milford as having 'no character'. To make up for the lack of physical reminders of Milford's beach resort heyday, she realised she needed to gather the stories of Milford's very lively past and has been working on that ever since.

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TRAVEL NEWS

Alaska 2026 — Glaciers, Gold, and Grizzlies

by Malcolm Sharpe, SeniorNet North Shore



If you ever want to feel small in the best possible way, take a trip through Alaska. I did — starting with a cruise on the *Norwegian Jade* from Vancouver to Whittier, then a land tour that zig-zagged through glaciers, goldfields, and grizzly country. It was a journey where every bend in the road (or river) seemed to shout, "Look at me!"



Cruising North — The Floating Adventure

We sailed out of Vancouver under clear skies, the ship gliding through the Inside Passage like a knife through butter. Fjords, forests, and whales — all part of the scenery. In Ketchikan, I hopped a shuttle and mooched around the waterfront, pretending to be a local until the souvenir shops gave me away. Juneau brought whale watching and the mighty Mendenhall Glacier — a wall of ice so blue it looked like it had its own lighting crew. Skagway was pure gold-rush nostalgia, complete with the White Pass Railway clattering up into the mountains. At Icy Strait Point, I took a gondola up Hoonah Mountain for native storytelling and views that made you forget to breathe. And then came Hubbard Glacier — a thunderous, calving giant that reminded us who really runs the show up here.



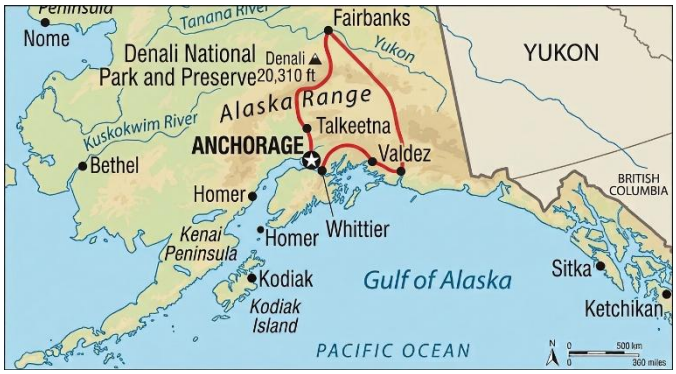
Juneau Mendenhall Glacier



Hubbard Glacier

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Land Tour — From Whittier to the Great Interior

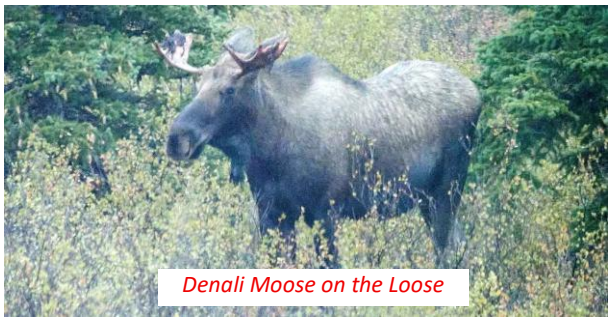



Prince William Sound Meares Glacier


Whittier Wildlife Refuge White Wolf

Disembarking in Whittier, we rolled through the Anton Anderson Tunnel (one lane, one direction, one very long tunnel!) and popped out into Prince William Sound. A catamaran whisked us to Meares Glacier — one of the few *advancing* glaciers left. Watching slabs of ice crash into the water was nature's version of fireworks. Valdez was peaceful, surrounded by waterfalls and mountains that looked painted on. Then came Fairbanks — riverboats, gold panning, and enough history to fill a prospector's journal. Everyone found a few flakes of gold, though none of us quit our day jobs.

Denali — The Roof of North America


Denali Moose on the Loose

From Fairbanks we headed to Denali National Park, where everything is big — the mountains, the wildlife, and the sense of wonder. A flightseeing trip around Denali itself was unforgettable: glaciers curling like ribbons, the Great Gorge yawning below, and the Wickersham Wall towering above. Back on solid ground, we enjoyed a frontier-style dinner and show — laughter, music, and a bear pelt on the wall for atmosphere. The next day's Tundra Wilderness Tour delivered the full Alaskan cast: grizzlies, moose, caribou, and Dall sheep, all performing on cue.


Denali Flight Seeing- large glacier

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Talkeetna to Anchorage — The Grand Finale

Talkeetna was a quirky frontier town with coffee shops, art galleries, and Denali peeking over the horizon. The final leg aboard the Alaska Railroad was pure relaxation — glass-domed cars, endless forests, and the Susitna River glinting below. Anchorage marked the end of the adventure, but not the memories. Alaska had shown me glaciers that move, mountains that touch the sky, and wildlife that doesn't care who's watching.

Final Thoughts

Alaska isn't just a destination — it's a reminder that the world still has wild corners. From the thunder of calving ice to the quiet of a moose in the mist, it's a place that makes you grateful for good boots, warm jackets, and the chance to see it all firsthand.



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GENEALOGY CORNER

Our monthly genealogy sessions (First Friday Genealogy & Genealogy Workshop) are clearly the two most popular discussion groups that we hold at SeniorNet. This page generally aims to highlight selected information.

Family Search Tree Only You Can Edit:

Previously Family Search's main Family Tree was collaborative which meant that another researcher could change your Ancestor's name, dates, relationships etc. FamilySearch has introduced a new type of family tree that you can control yourself, without other researchers changing your information. The new system is called: **User Trees**.

Feature	Traditional FamilySearch Tree	New User Tree
Free to use	Yes	Yes
You can edit your ancestors	Yes	Yes
Strangers can change your tree	Yes	No
You control who can edit	No	Yes
Can be kept private	Only living people's records	Yes
Access to FamilySearch records	Yes	Yes

There are several important advantages.

- You retain control. Only you and people you authorise can change your tree.
- You can continue researching. FamilySearch's historical records, hints, photographs and documents remain available.
- You can choose privacy. **By default**, deceased ancestors can be viewed by other researchers, but FamilySearch says you can make your tree private.
- You can appoint successors. Up to two other people can become co-owners, allowing your research to continue in the future.
- You can edit your tree online. Unlike the older GEDCOM collection, you do not have to upload a completely new file every time you make changes.

Availability may depend on whether the new GEDCOM experience has been enabled for your account. For more information:

FamilySearch — The New GEDCOM Upload Experience

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LIBRARY NEWS



I'm sure you've noticed our lending library as you enter the clubrooms. We hope you've availed yourselves of the wide range of authors and genre.

But do you know we have an Annex which holds our Non-Fiction books and magazines? It's right between the store cupboard and kitchen. You are welcome to browse and again borrow anything which takes your fancy.

When you have finished with the item, please just return it to the Club. There is a box for returned books etc.

I should at this time mention the enormous amount of work Jeanne-Anne has put into sorting, labelling and generally making the library work. Thanks are also due to those who helped set up the shelves (Ruth, her husband, and Campbell spring to mind).

The library has been so successful that we've run out of bookshelves. So, if you have a bookcase you no longer need, please feel free to donate it. We need shelves which sit on the desk so that we can use the front part of the desk for "library work".

If anyone has any ideas or suggestions to improve our setup, please feel free to contact myself.

Happy reading

Patricia

SENIORNET NORTH SHORE
THE FRIENDLY CLUB
St John Centre North Shore
2 Shea Terrace, Takapuna, Auckland
(09) 486 2163
snetns@xtra.co.nz
www.seniornetns.com

TECHNICAL ARTICLE

QUERY FROM SENIORNET NORTH SHORE

Message Copilot re. image files changing to png

When I use Snipping Tool and paste a jpg image to a Word document, then later "Save as picture", it seems to change it to a png file. Is this correct and can it be told to keep it as a jpg image?

Short answer: **Yes — that's exactly what Word does**, and **no — you can't force it to keep JPG when using "Save as Picture."** But you *can* keep it as JPG with one simple workaround.

Here's the full explanation, plus the reliable fix.

⭐ **Why Word turns your Snipping Tool JPG into PNG**

When you paste an image into Word, Word **does not store the original file format**. It stores the image as an internal, high-quality bitmap.

So when you right-click → **Save as Picture**, Word exports it as:

- **PNG** (default)
- Because PNG preserves quality and transparency better than JPG

This is normal behaviour in **Word, PowerPoint, Outlook, OneNote** — they all do it.

You can revisit this using:

- **image formats**

⭐ **Can Word be told to keep JPG?**

No. Word has no setting to preserve the original format when saving a pasted image.

But you *can* keep JPG using one of the two reliable methods below.

⭐ ✓ **Method 1 — Use "Save as Picture" but change the file type manually**

When you right-click → **Save as Picture**, do this:

1. In the **Save as type** dropdown
2. Choose *JPEG File Interchange Format (*.jpg)*
3. Save

Word will export the image as JPG.

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Important:

If the dropdown does **not** show JPG, it means the image contains transparency or effects. Word will then *only* offer PNG.

You can revisit this using:

- **save image as jpg**

⭐ ✓ **Method 2 — Use Snipping Tool → Save directly as JPG**

This is the most reliable method.

1. Snipping Tool → **Save**
2. Choose **JPG**
3. Insert the JPG into Word
1.
2. If you later save it again from Word, it will still default to PNG — but you still have the original JPG file untouched.

You can revisit this using:

- **snipping tool save**

⭐ ✓ **Method 3 — Use Paint to convert back to JPG**

If Word only offers PNG:

1. Save the PNG
2. Open it in **Paint**
3. File → **Save as → JPEG**

This gives you a clean JPG again.

You can revisit this using:

- **convert png to jpg**

⭐ **Summary**

- Word **always** defaults to PNG when saving pasted images

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- You **can** manually choose JPG *if* the image has no transparency
- Otherwise, use Snipping Tool or Paint to keep JPG format

If you want, I can also explain **why PNG is often better than JPG** for screenshots — or help you choose the best format for your PowerPoint maps and routes.



WATER PAINTING GROUP



Barbara Hay



Ruth Healy



June McCullough



Ruth Healy



Lois Kay



Shelly Bell

SENIORNET NORTH SHORE
THE FRIENDLY CLUB
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2 Shea Terrace, Takapuna, Auckland
(09) 486 2163
snetns@xtra.co.nz
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PHOTOGRAPHY GROUP







Wanaka – always beautiful - Debbie Seekup





Spring is here

Cheryl Peter





Buddhist Temple

Gary Martelli

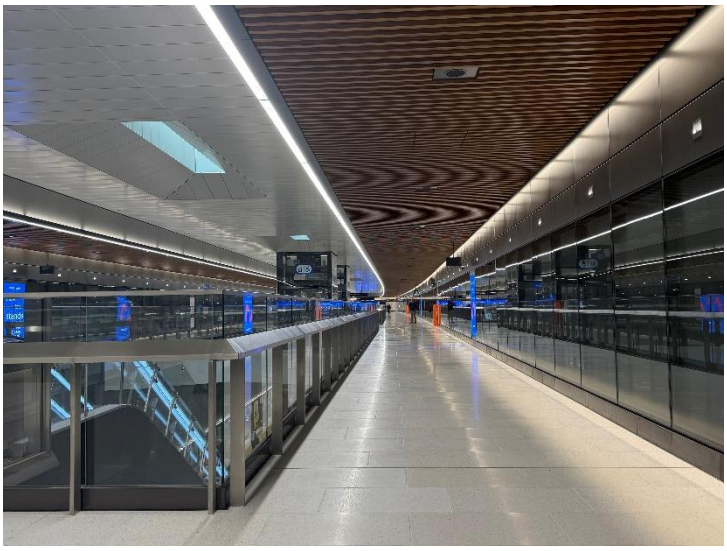


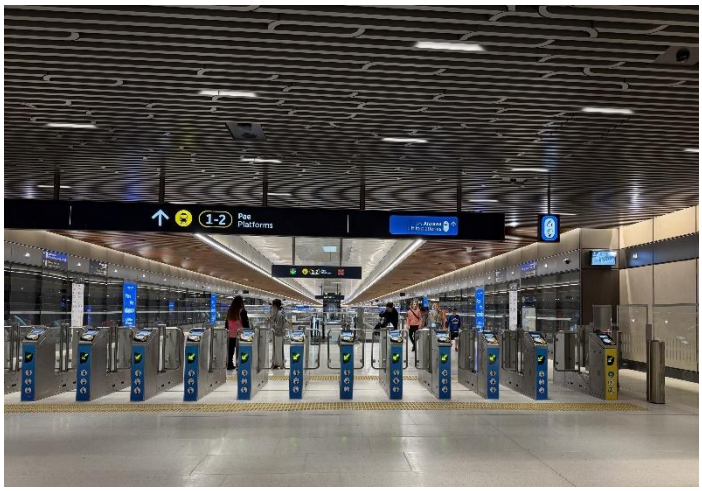
PHOTOGRAPHIC OUTING

AUCKLAND RAIL ADVENTURE

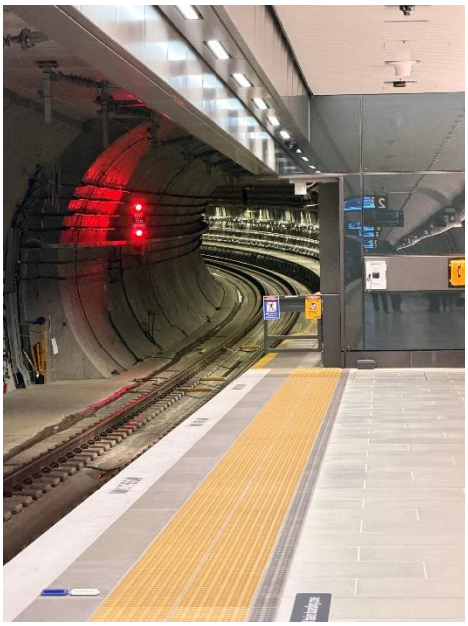
[*Continued from front page*]

As photographers do, members occasionally wandered off in different directions, each discovering something worthy of a photograph! This led to a little confusion and some amusing moments, but all was well in the end. Everyone eventually found their way back to the starting point, having enjoyed an interesting outing filled with photography, laughter and adventure. A chance to see Auckland from another perspective.

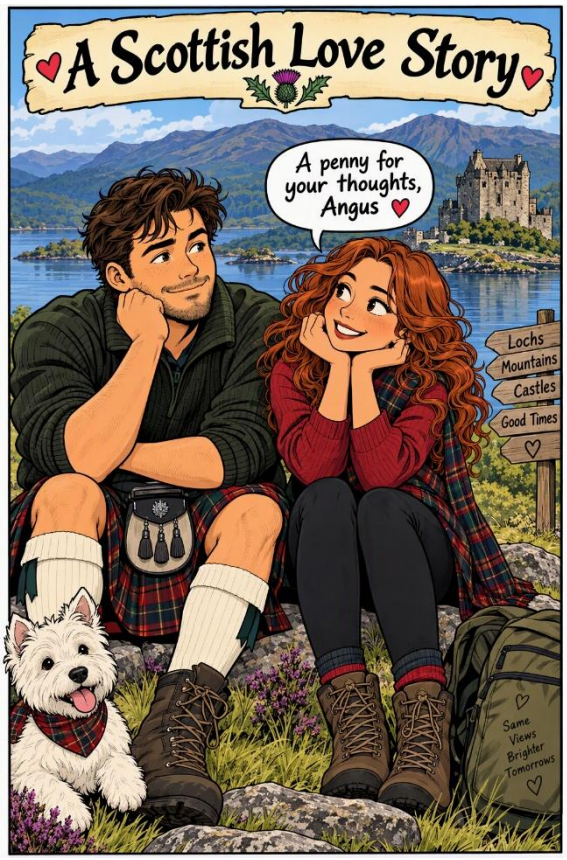








FUNNIES



A young Scottish lad and lass were sitting on a low stone wall, holding hands, gazing out over the loch.
For several minutes they sat silently.
Then finally the girl looked at the boy and said, "A penny for your thoughts, Angus."
"Well, uh, I was thinkin'... perhaps it's aboot time for a wee kiss."
The girl blushed, then leaned over and kissed him lightly on the cheek.
Then he blushed.
The two turned once again to gaze out over the loch.

Minutes passed and the girl spoke again. "Another penny for your thoughts, Angus."
"Well, uh, I was thinkin' perhaps it's noo aboot time for a wee cuddle."
The girl blushed, then leaned over and cuddled him for a few seconds.
Then he blushed.
And the two turned once again to gaze out over the loch.

After a while, she again said, "Another penny for your thoughts, Angus."
"Well, uh, I was thinkin' perhaps it's aboot time you let me put my hand on your leg."
The girl blushed, then took his hand and put it on her knee.
Then he blushed.

Then the two turned once again to gaze out over the loch before the girl spoke again.
"Another penny for your thoughts, Angus."
The young man glanced down with a furled brow.
"Well, noo," he said, my thoughts are a wee bit more serious this time".
"Really?" said the lass in a whisper, filled with anticipation.
"Aye," said the lad, nodding.
The girl looked away in shyness, began to blush, and bit her lip in anticipation of the ultimate request.
Then he said, "Dae ye nae think it's aboot time ye paid me the first three pennies"?